Development and Validation of a Machine Learning Based CADx Designed to Improve Patient Management in Lung Cancer Screening Programs

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Disclosures

All Authors are employed by: Median Technologies, Valbonne, France



Epidemiology

Key points



- 1 Mortality: Lung cancer is the leading cancer killer worldwide, accounting for 18% of all cancer deaths
 - A total of 1.8M deaths in 2020 (2.4M in 2030)
 - Low 5-year overall survival rate: 18%
- 2 Incidence: 2nd most commonly diagnosed cancer representing 11.4% of all new cancer cases
 - 2.2M new cases in 2020 (2.9M in 2030)
- Prevalence: 4th among all cancers with 2.6M prevalent cases (5-year)
 - More common in men (65%) than women (35%) Mortality rates mostly rising among women in many countries due to tobacco use & cessation discrepancy
- Mostly found in elderly population
 - 86% of US cases found in patients >60 years old
 - Average age of people when diagnosed is about 70

Sources:

Sung et. Al (2021): Global Cancer Statistics 2020: GLOBOCAN Estimates of Incidence and Mortality Worldwide for 36 Cancers in 185 Countries.

Wonget. Al (2017). Incidence and mortality of of lung cancer: Global trends and association with socioeconomic status.

The High Value of LDCT Screening

The NELSON & NLST studies results on LDCT screening



- > 20% reduction in mortality among patients who received LDCT vs X-RAY (and ~40% versus no screening)
- A lung cancer detected by LDCT screening will be discovered at an early stage 64% to 85% of the time
 - Early-stage disease is treatable via drug/surgery
 - Comprehensive LDCT Screening stage IV diagnosis below 15%
 - Without LDCT Screening stage IV ~50%
 - >90% 5 year survival in stage 1

In the USA <7% eligible receive lung screening

Source:

Unmet Medical Need – Issues With Implementation

- > Radiation exposure: Although the risk is low, there are still negative views against LDCT.
- False alarms: ~25% of LDCT screens resulted in false negatives. Result in additional <u>CTs</u>, <u>bronchoscopies</u>, or <u>biopsies</u>. False alarms can be quite <u>stressful</u> (clinician and patient), and the additional testing can <u>cause harm to the patient</u>.



- Availability of quality testing: Important to be screened at a center experienced in lung cancer screening and treatment.
 - Need trained radiologists for all screening
 - Labor intensive
- Low Screening Penetration: Low today, but adherence rates increase along with a rise in screening implementation worldwide.

Reduce missed cancer (False Negatives)

- Decreases clinicians' anxiety
- Proceed to tissue biopsy with greater certainty

Reduce false positives

- Less unnecessary screening
- Less cost to the healthcare system

Minimize indeterminate nodules

- Less patient anxiety
- Increases compliance with Lung Screening

Decreased Analysis Time

Able to scan more patients per year

Sources:

Sands et al (2021). Lung Screening Benefits and Challenges: A Review of The Data and Outline for Implementation. Lopez-Olivo et. al (2020). Patient Adherence to Screening for Lung Cancer in the US: A Systematic Review and Meta-analysis.

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Lung Screening Dataset – NLST trial

- Patients selected from the NLST Dataset.
- 1,737 patients 16,249 nodules
- Patients with screen detected cancer (553)
- Benign patients with nodules (1,184)
- 70/30 train-test split
- Lesion annotated and semi-auto segmented by 2 readers



Cancer 385

CADx Classifier Model

Key features: Ensembling of very different deep Convolutional Neural Networks



LCS Nodule Characterization Results (CADx)

Automatic lung nodule characterization on all lung cancer stages

> AUC of ROC on test = 0.99, max Youden Index Operating Point: Sensitivity = 95.3%, Specificity = 96.2%



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Translation in the wild

Enhancing Patient Recall Rate

- NLST population (2.4% cancer prev), assuming the Lung-Rads performance (Pinsky 2015; 78% Sens, 94% Spec).
- > When used in a Recall/No-Recall paradigm compared to Lung-Rads
 - Model (Below threshold no recall, Above Threshold recall)
 - Lung-Rads: (LR1-2 no recall, LR3+ recall)

- > Recall/Non (< LR3 / > LR 3)
 - Saved scans 57% decrease
 - Faster scanned cancers (67% increase)
- When used to assign patient recall, this algorithm could help reduce unnecessary scans 57% and late cancer scans by 67% compared to using Lung-RADS.

No Recall			Positive Recall			
Model	Below Thr	Above Threshold				
Lung Rads	1	2	3	4A	4 B	4X

Conclusions and Takeaway Message

Al in Lung Cancer Screening



> The model demonstrates robust performance for the characterization of pulmonary nodules detected by radiologists.

- 0.991 (95% CI: 0.987-0.995), with 98% sensitivity at a specificity of 90%
- > When deployed in a screening program, high performant characterization tools stand to drastically improve patient management.
 - ↓ Unnecessary scans 57%
 - ↓ Late cancer scans by 67%
- > With such AI there is the possibility to:
 - ↓ Unnecessary scans and invasive procedures, and
 - ↓ Missed cancers
 - ↓ Reading time, and reader workload
 - ↑ Helps increase screening adherence and implementation



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